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VASECTOMY INSTRUCTIONS

FOLLOW THESE INSTRUCTIONS IF YOU ARE HAVING THE VASECTOMY IN THE OFFICE

- 1. SHAVE YOUR SCROTUM IN THE MORNING. DO IT IN THE SHOWER WITH A LOT OF SHAVING CRÈME.**
- 2. EAT A LIGHT BREAKFAST.**
- 3. TAKE YOUR USUAL MEDICATIONS EXCEPT ASPIRIN.**
- 4. TAKE THE ANTIBIOTIC WITH BREAKFAST**
- 5. TAKE THE VALIUM AND ANY OTHER PILL WE PRESCRIBE 30 MINUTES BEFORE THE VASECTOMY.**

FOLLOW THESE INSTRUCTIONS IF YOU ARE HAVING THE VASECTOMY IN THE OPERATING ROOM

- 1. NOTHING TO EAT OR DRINK FOR 10 HOURS BEFORE THE SURGERY.**
- 2. YOU MAY TAKE THE ANTIBIOTIC WITH A SIP OF WATER WHEN YOU WAKE UP. TAKE YOUR USUAL MEDICATIONS WITH A SIP OF WATER AT THE SAME TIME. DO NOT TAKE ASPIRIN.**
- 3. SHAVE YOUR SCROTUM IN THE MORNING. DO IT IN THE SHOWER WITH A LOT OF SHAVING CRÈME.**