

WILLIAM J. SOMERS, M.D.

3555 Olentangy River Road
Suite 3080
Columbus, OH 43214
Tel: 614.268.6000 | Fax: 614.267.1879
www.mainstream-urology.com

PROSTATE ULTRASOUND INSTRUCTIONS

1. DATE OF ULTRASOUND _____
2. **IF YOU ARE HAVING A BIOPSY** - TAKE YOUR ENEMA AND ANTIBIOTIC 3 HOURS BEFORE THE BIOPSY. YOU MAY EAT BREAKFAST. DO NOT TAKE ANY ASPIRIN, COUMADIN, ECOTRIN, MOTRIN, ADVIL, IBUPROFEN, INDOCIN, NAPROXYN, PERSANTINE, OR PLAVIX FOR 1 WEEK BEFORE THE BIOPSY.

IF YOU ARE HAVING THE ULTRASOUND WITHOUT A BIOPSY JUST TAKE THE ENEMA 3 HOURS BEFORE. YOU MAY TAKE ANY MEDICATIONS.
3. AFTER THE BIOPSY YOU WILL HAVE BLOOD IN THE RECTUM, URINE, SEMEN AND PENIS. THIS IS NORMAL AND SHOULD STOP ON ITS OWN. TAKE THE ANTIBIOTICS I GIVE YOU. RESUME BLOOD THINNERS THE NEXT DAY.
4. A HOT BATH WILL SOOTHE YOUR DISCOMFORT.

INFORMED CONSENT FOR PROSTATE BIOPSY

ULTRASOUND USES HARMLESS SOUND WAVES TO GIVE US PICTURES OF THE PROSTATE AND ALLOWS US TO ACCURATELY GUIDE A BIOPSY NEEDLE TO AREAS OF CONCERN. REASONS TO DO THIS INCLUDE A HIGH PSA, ABNORMAL RECTAL EXAM OR ANY SUSPICION OF PROSTATE CANCER. THE PROCEDURE IS DONE WITH A SONOGRAM PROBE INSERTED INTO YOUR RECTUM. FIRST, LOCAL ANESTHESIA IS INJECTED WITH A THIN NEEDLE. NEXT, MULTIPLE PHOTOS ARE TAKEN OF THE PROSTATE. BIOPSIES ARE THEN DONE WITH A SPRING-LOADED NEEDLE POINTED DIRECTLY AT THE AREAS IN QUESTION THROUGH THE PROBE. THESE BIOPSIES ARE A LITTLE PAINFUL BUT THE WHOLE PROCEDURE DOESN'T TAKE LONGER THAN 20 MINUTES. YOU WILL BE SORE IN THE RECTAL AREA. YOU WILL HAVE BLOOD IN THE RECTUM, URINE, SEMEN AND PENIS.

COMPLICATIONS: PAIN, BLEEDING, INFECTION, INABILITY TO URINATE.