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PRE-OPERATIVE INSTRUCTIONS

- 1. NOTHING TO EAT OR DRINK FOR 10 HOURS BEFORE SURGERY.**
- 2. YOU MAY TAKE YOUR USUAL MEDICATIONS WITH A SIP OF WATER IN THE MORNING.**
- 3. DO NOT TAKE ANY BLOOD THINNERS OR ASPIRIN FOR 7 DAYS BEFORE SURGERY.**
- 4. IF YOU ARE A DIABETIC TAKING INSULIN, TAKE 1/2 THE USUAL MORNING DOSE.**
- 5. IF YOU ARE A DIABETIC TAKING ORAL MEDICINE FOR DIABETES, DO NOT TAKE IT.**
- 6. EVEN THOUGH THE HOSPITAL MAY TELL YOU TO LEAVE ALL MEDICATIONS AT HOME, BRING THEM WITH YOU, OR A LIST OF YOUR MEDICATIONS WITH THE DOSES, JUST IN CASE.**
- 7. LEAVE ALL YOUR VALUABLES AT HOME.**